

Blessed Sunday Morning!

1. Today's Readings: <https://bible.usccb.org/bible/readings/092020.cfm>

2. **The RE Corner with Jan Heithaus:** After a short description of vocal prayer, the Catechism of the Catholic Church goes on to explain meditation in today's article. These excerpts are both easy to read and rich in depth of knowledge.

3. Quote of the Day: In the human order a person in love is always conscious of the one loved, lives in the presence of the other, resolves to do the will of the other....Apply this to a soul in love with God and you have the rudiments of meditation. *Archbishop Fulton J. Sheen, God and War, 27-28*

Sunday Music Highlight: For the Beauty of the Earth

For The Beauty Of The Earth Hymn

For the beauty of the earth,
For the beauty of the skies,
For the love which from our birth
Over and around us lies,
Lord of all, to thee we raise
This our grateful hymn of praise.

For the beauty of each hour
Of the day and of the night,
Hill and vale, and tree and flower,
Sun and moon and stars of light,
Lord of all, to thee we raise
This our grateful hymn of praise.

For the joy of human love,
Brother, sister, parent, child,
Friends on earth, and friends above,
Pleasures pure and undefiled,
Lord of all, to thee we raise
This our grateful hymn of praise.

For each perfect gift of thine,
To our race so freely given,
Graces human and divine,
Flowers of earth and buds of heaven,
Lord of all, to thee we raise
This our grateful hymn of praise.

Parish Office Communication

For thy Church which evermore
Lifteth holy hands above,
Offering up on every shore
Her pure sacrifice of love,
Lord of all, to thee we raise
This our grateful hymn of praise.

Source: songandpraise.org



The sun is cooperating much better today! God has provided for us today!

Enjoy the beauty of the earth

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Meditation

2705 Meditation is above all a quest. The mind seeks to understand the why and how of the Christian life, in order to adhere and respond to what the Lord is asking. The required attentiveness is difficult to sustain. We are usually helped by books, and Christians do not want for them: the Sacred Scriptures, particularly the Gospels, holy icons, liturgical texts of the day or season, writings of the spiritual fathers, works of spirituality, the great book of creation, and that of history -- the page on which the "today" of God is written.

2706 To meditate on what we read helps us to make it our own by confronting it with ourselves. Here, another book is opened: the book of life. We pass from thoughts to reality. To the extent that we are humble and faithful, we discover in meditation the movements that stir the heart and we are able to discern them. It is a question of acting truthfully in order to come into the light: "Lord, what do you want me to do?"

2707 There are as many and varied methods of meditation as there are spiritual masters. Christians owe it to themselves to develop the desire to meditate regularly, lest they come to resemble the three first kinds of soil in the parable of the sower.⁵ But a method is only a guide; the important thing is to advance, with the Holy Spirit, along the one way of prayer: Christ Jesus.

2708 Meditation engages thought, imagination, emotion, and desire. This mobilization of faculties is necessary in order to deepen our convictions of faith, prompt the conversion of our heart, and strengthen our will to follow Christ. Christian prayer tries above all to meditate on the mysteries of Christ, as in *lectio divina* or the rosary. This form of prayerful reflection is of great value, but Christian prayer should go further: to the knowledge of the love of the Lord Jesus, to union with him.

Source: Catechism of the Catholic Church